

OPERATION PROTECT AND PRESERVE CALENDAR OF EVENTS



Tradeswomen Australia Foundation has launched the **Operation Protect and Preserve** initiative in response to industry wide COVID-19 economic downturn, which has impacted apprentice and tradeswomen employment, training, working hours, finances, and mental wellbeing.

Women represent less than 2% of the trade workforce, and in some industries less than 1% - and has remained at these figures for decades. **We cannot afford to dip below these percentages.**

We are providing **free** services and support to women in trades through a range workshops running from August to October:

	Topics	Session Dates and Times
Workshops		
Career Workshop	Get Job Ready with VERTO	21st September 2020 @ 4pm
	Get Job Ready with Thales	10 September @ 4pm
	Get Job Ready with Next Gen Jobs	16 September 2020 @ 4pm
Exercise programs		
LifeChanger 4 Kids KM's	KM's4Kids - 30 day challenge	15 August - 14 September
Support/Networking groups		
Resilience Workshops	Trailblazing Tradeswomen- Inspiring stories of resilience in trades, teaching and careers	25 September 2020 @ 3:30pm
Wellness Programs		
Meditation	Introduction	4 September 2020 @ 4pm
	Guided meditation	11 September 2020 @ 4pm
	Mindful meditation	18 September 2020 @ 4pm
Special Interest Activities		
Tradies and their Pets	Fun activity where tradies send in a photo of themselves and their pet, promoting wellbeing that our pets provide	September
Tradeswomen History	Online feature stories	Every Tuesday in September
A Toast to Tradeswomen	Wine Tasting and Q&A Gaelle Houdy	24th September @6pm EST

In order to book into a workshop:

Visit our [Operation Protect and Preserve](#) page and book into any of the available sessions - all sessions are FREE and unlimited. Our site also offers FREE resources and media links.

To keep up to date with any workshops or events or to participate in our special interest activities:

[Follow us on Facebook](#)

[Follow us on Instagram.](#)