

# Cath Knuckey



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## Career Profile Summary

Over a decade of Industry experience in Occupational Health, Hygiene, Safety, Injury Management and Helicopter Administration roles in Offshore Oil & Gas and Mining Environments. Registered Emergency Nurse with Remote Area and extensive Emergency/Critical Care experience. Demonstrated supervision, leadership and management of high performance teams as well as the ability to work independently in remote locations. Current role: HSEQ/Medic/Helicopter Administrator/Hygiene Coordinator employed by Upstream Production Solutions Offshore on the Northern Endeavour FPSO in the Timor Sea.

## Education - Tertiary

Bachelor Of Science (Nursing) Curtin University Of Technology - Perth	1991-1994
Diploma Of Midwifery King Edward Memorial Hospital/ Curtin University Of Technology	1998
Post Graduate Certificate of Emergency Nursing Fremantle Hospital - Perth WA	2004
Diploma Work, Health and Safety Great Southern Institute of Technology - Albany WA	2007

## Education - Certificate Courses

- Basic Principles of Occupational Hygiene - AIOH Edith Cowan University
- Radiation Safety Officer - NORMS - Radiation Safety Services
- Advanced Life Support - Australian Resuscitation Council
- Pre Hospital Trauma Life Support
- Forensic Evidence Collection - Nursing
- Frontline Management - Great Southern Institute Technology
- Workplace Assessor
- Confined Space Entry and Breathing Apparatus - ERGT
- Confined Space Entry Rescue - ERGT
- Working at Heights - ERGT
- Marine Radio Operators Certificate of Proficiency - Challenger Tafe
- CASA - Aviation Radio Operators Certificate
- Helicopter Landing Officer - ERGT



- Dangerous Goods By Air Awareness
- ISAP HSEC Reporting
- ICAM Investigation
- Sexual Health Certificate - Nursing - FPWA
- Trauma Nursing Core Course - WA Trauma Education
- Advanced Remote Emergency Care - CRANA
- MIMMS Team Member - Disaster Management Planning Unit
- Injury Management Coordinator Course - IFAP
- Wound Management - WA GP Network
- Immunisation Provider - WA Department of Health & Edith Cowan University
- Asthma Educator - Asthma Foundation WA
- Diabetes Educator - WA GP Network
- Western Region Rural Trauma Course - WA Trauma Education

## Experience

Offshore HSEQ coordinator/Medic - Upstream Production Solutions - Northern Endeavour FPSO Timor Sea - June 16- present

- Implement UPS HSE and Quality Core processes ensuring compliance with Safety Case. ISSOW permit to work system administrator. HSEQ audits, Environmental leadership. Review and approval of Corporate and site Management System documents. Risk Assessments and Hazids. Lead investigator for incidents on site. Promote team safety culture. Facilitate site safety inductions. Bedding allocation and POB planning. After hours Travel coordinator. Medical facility maintenance of stock control, treatments and Medivacs. Instruction and maintaining Medical assistants competencies. Emergency Drill preparation and reporting. Safety meeting facilitator. Health promotion. Key site focal point for all HSEQ. Offshore Injury management. Occupational Hygiene focal point. Focal point for all Hazardous substance handling - ChemAlert.

Site Medic - Chevron Wheatstone Hook up and Commissioning Project June 2015 - June 2016

- Management of all injury/illnesses for a construction crew of 500+ personnel. Drug and Alcohol testing. Ad hoc administrative duties for the OIM and Support Services coordinator. Occupational Hygiene Audits, Emergency Response training, Inductions, Wellness planning and Health promotion presentations/program initiation. Immunisation provider for at risk work groups and seasonal Influenza campaigns. Travel Vaccination advice. Occupational Health - OSHA guidelines followed, all injury management and return to work point of contact.

Health Analyst - BHP Billiton Pyrenees Venture FPSO

August 2012 - June 2015

- Management of all onsite Illness and Injury including incident investigation and reporting. Maintenance, monitoring, reporting and auditing of Occupational Hygiene including Noise Dosimeters, Hand Arm Vibration, BTEX Monitoring, Thermal Work Limits, Respiratory Fit testing and ChemAlert review. Fitness for Work - Drug and Alcohol testing. Fixed Gauges Radiation Safety Officer.



POB planning and Logistics, Helicopter Administration – Radio operator. Facilitate site Inductions. Set up and maintenance of site medical facilities, rescue equipment and procurement. Plan and implement Health Awareness and Education sessions. Audits and Inspections of Safety and Hygiene systems and procedures to ensure compliance with company and industry regulations.

Participation and Development of JRA and Permit review audits. Plan and report Minimum Site Competency. IT resource for offshore personnel. Auditing and compliance of Scheduled Medications to AMSA and Poison Permit Governance.

- Singapore Dry Dock 2013 – Care of Personnel – Medical, Safety, Health, Hygiene and fitness for work testing.

Relief Site Medic / Occupational Health Nurse – Sonic Health Plus      January 2012 – August 2012

- Various short term contracts within Mining and Oil and Gas. Site Emergency response nurse. Fitness for work assessments. Occupational Hygiene resource and advisor. Injury Management Advisor. All onsite injury/illness assessment and treatments. Management of onsite medical facilities. Sites include; MGI – Tallering Peak, Curtis Island – LNG construction, Barrow Island – Construction, Thevenard Island – Oil and Gas, Woodside Pluto – LNG construction/commissioning.

Occupational Health Nurse / Injury Management Coordinator – Mt Gibson Iron      June 2009- January 2012

- Medical assessment and treatment of all site personnel including emergencies after hours on call on Koolan Island. Fitness for work testing to Australian Standards – Drug and Alcohol. Established the Injury Management procedures and protocols and coordinated all Injury Management from first presentation to return to work plans – liaison with Insurance Company, medical and allied health professionals and rehabilitation providers. All facets of Workers Compensation to ensure compliance with governing law.
- Pre-Employment Medical screening and periodical reviews. All onsite Health and Wellness promotion via Health and Safety meetings and regular toolbox presentations to meet KPI's. Vaccination program for high-risk groups and seasonal Influenza program. Mine Workers Health Surveillance monitoring to maintain compliance with Industry standards. Set up of new Medical facilities with ongoing maintenance, stock control, Capital expenditure within budget. Risk assessments and procedural capture of Emergency management, including Major incident Management system implementation. Development and facilitation of Mines rescue training. On site Senior First aid training. Development and subsequent revision of Site Inductions and facilitation of new starter inductions. Statutory reporting of Hygiene/Incidents. Investigation team member of ICAM investigations. Development of Medical procedures for all aspects of the Medical facility including Infection Control, Standing Orders, Reporting, Risk Assessments and Auditing. Organized RFDS evacuation of Emergency patients, including follow up.

Medic/HSE – HES – Rio Tinto – Brockman 2 /Brockman 4      April 2009 – June 2009

- Contracted through Hostile Environment Services as the Construction site Medic for Brockman 4 Iron Ore mine. Involved with daily safety meeting and planning. Hygiene inspections and Audits. Maintenance of Medical facilities and equipment. 1500 man construction camp – all site and after hours medical assessment, treatment and injury management. Hydration testing and fitness for work testing to meet KPI's for Rio Tinto. Assessment and review of Calibre EPCM Health and Safety Management systems.
- Brockman 2 – Remote field medic for Rail line construction workers. Responsible for the Health, Safety and wellbeing of isolated workers in extreme environmental conditions.

Registered Nurse/Occupational Health Nurse – Leinster Nickel West – BHP Billiton      December 2008 – April 2009

- Medical Centre Practice Nurse for the township of Leinster. Emergency and after hours call out for the town site. Child health, Immunisation clinics, Paediatric emergency care, Antenatal and Postnatal care. Audiometric and Spirometry assessments for Nickel West mine workers. Pre-Employment and Exit medicals. Solely responsible for the running of the Medical facility including staffing, Infection control – Sterilisation of Instruments, Maintenance of medical equipment, stock control, Purchasing and billing. Set up new Medical electronic database, including roll out to all staff. Standardized all procedures in line with BHP Billiton framework. Prepared Medical centre for Accreditation process. Assisted site Nurses with Injury Management and fitness for work testing.



Registered Nurse/Medic – Construction/Iron Ore Mine – HES March 2008 – December 2008

- Contracted to KBR EPCM – Rio Tinto Hope Downs Project. Site Nurse for over 2000 Construction workers. All onsite and after hours Medical services. Medevacs from site and assistance to neighboring sites for Medical advice and assistance. Fitness for work testing, including Drug and Alcohol and Hydration testing using Triage Tox screens and Refractometer in accordance with Rio Tinto standards. Maintenance of all onsite emergency rescue equipment and medical facilities. Health promotion presentations at weekly toolbox meetings. Reference person for site OHS manager for emergency response, Injury Management and medical procedures. Review of all Pre Employment medicals and periodical reviews. Set up Health Management plans for identified personnel with preexisting medical conditions – monitor and review.

Denmark Medical Centre – Practice Nurse October 2005 – December 2008

- Pioneering the Practice Nurse position for the Denmark Medical Centre. Implementation of new paperless Medical Director software package. Worked through the WA GP Network to assist the practice with Accreditation. Developed and implemented the Infection Control procedure – teaching of practice staff. Asthma Education, Immunisation including Cold Chain as per the Department of Health guidelines. Triage of patients. Developed Care plans for Chronic Disease care. Developed and implemented Women’s Health clinics. Assisted with minor surgical procedures. Wound assessment and care. ECG’s, spirometry. Maintenance of Stock and scheduled medications. Ordering and invoicing of all consumables. Home visits and assessments. Primary Health Care. School based Immunisation program for Q fever for Agricultural College.

Albany Regional Hospital – Registered Nurse/Midwife September 2001 – Present

- Emergency Department Registered Nurse. All aspects of Trauma, Triage, Acute care for Adult and Paediatric patients presenting to the Emergency Department. Adult and Paediatric advanced Life Support. Maintenance of a broad range of advanced clinical skills.
- Antenatal care including high-risk pregnancies. Labour ward, theatre, postnatal, neonatal level 2 nursery. Management after hours.

Registered Nurse/ Midwife - Indian Ocean Territories Health Service – Cocos Keeling Islands. April 2000 – October 2000

- Community Registered Nurse/ Midwife. General and Emergency Nursing. After Hours emergency on call. Primary Health Care. Medevac of critically ill/injured. Disaster Management Planning. Remote Area Nursing.

Registered Midwife – King Edward Memorial Hospital October 1997 – March 2000

- All areas of Midwifery including Neonatal ICU, Adult ICU, Labour Ward, Antenatal/ Postnatal. Home Visiting Midwifery, Theatre, and fetal Monitoring Department.

Registered Nurse – Fremantle Hospital July 1994 – September 1997

- Post graduate Registered Nurse working in a variety of settings within Fremantle Health Service including Oncology/Haematology, General Medical, Neurology and Gastroenterology, Othopaedics, Post-Operative Surgical, Plastics, ENT, Urology, Ophthalmology and Emergency Departments.
- Shift Supervisor, preceptor for enrolled and graduate nurses. Care of patients with CPAP/BiPAP, Vascular access devices including Central lines and ports, administration of Chemotherapy and care of Nuclear Medicine patients. Care of multiple trauma patients post operatively, including spinal trauma and traction. Care of patients with Narcotic IV and epidural infusions. Care of Hemi colectomy and major abdominal surgical patients post operatively. Care of Radical Neck Dissections patients with Tracheotomy. Care of skin grafts, burns and laying of skin grafts.

## Skills and Attributes

- Excellent communication skills with the ability to coordinate multiple work fronts

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- Broad range of Nursing skills and experience - both Acute and Remote area.
- Very Strong organizational skills whether working independently or part of a team.
- Leadership and management of a variety of work groups using a systematic approach to problem solving.
- Microsoft Office proficiency.
- Wide experience in developing and implementing safety and emergency plans.

References: Mr Greg Goodwin

Production Operations Supervisor  
Wheatstone Platform - Chevron  
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Ms Kate Bussey

HSE/Medic

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0400 248 715

Alan MacDonald

Alt OIM / Production Supervisor

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